

# herworld

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## HEALTHY FAST FOODS

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## LIFE AFTER DIVORCE:

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### MAYA KARIN on fame

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## Instant Contouring

Assata Super Ultra Micron Face Contouring Treatment

RM98 for 2 hours (first trial promotion, normal price RM250)

Tester: Michelle Tan, beauty writer

**The works:** "After the usual routine of removing makeup and cleansing, the skin is prepped with a toning spray. An enzyme mask was applied to soften blackheads and whiteheads before the extraction process, which surprisingly didn't hurt! The radiance-enhancing mask followed, and a lifting massage. The last treatment was a whitening mask. The beautician layered a sheet of gauze over the mask, and applied an icy-cold cooling mask over the whitening mask, to close the pores after the facial."

**The unique treatment:** "The lifting facial massage is different from the usual massages at other salons.

Your face is kneaded, pressed and pushed upwards using firm movements. You need to have a high threshold for pain though. However, the results are instant!"

**My verdict:** "I would gladly endure 15 minutes of pain for the instantly-visible results."



Tel: 016-4164 898

Website: www.assataskincare.com



## Nature's Bounty

Clarins Advanced White Plus HP Sea Lily Enriched Treatment

RM208 for 60 minutes

Tester: Gwen Ong, lifestyle writer

Website: www.clarins.com.my

**The works:** "I entered a cosy room with a 'blue sky' on the ceiling. The beautician took me through the entire facial routine. In place of a scrub, a rub-off exfoliant was used. Then, a facial massage using a whitening serum mixed with vitamin powder, and followed by a whitening mask and a hand massage."

**The unique treatment:** "Clarins prides itself in sourcing unique treatments from all over the world, which is why their facials are usually named after a place or plant. What's special: no machines/no extraction! The beauticians only use their hands and unique massage movements for different treatments."

**My verdict:** "While the facial was being done, my hands were massaged and kneaded by the beautician, more pampering! This treatment is so far the most comfortable – I dozed off for the longest time and only woke up when the facial ended. I liked how they use the warming technique to increase the penetration of the products put on my face."

## Her Look Facial Story



## Custom-Fit

Maria Galland System Dermatologique Facial

RM398 for 2 hours

Tester: Michelle Tan, beauty writer

**The works:** "The beautician customises this facial according to your skin's needs. First, a creamy cleanser removes makeup and dirt. An enzymatic exfoliating gel is applied in place of the usual grainy scrub. Excess oil and impurities are removed with a clay mask after a gel-moisturiser is smoothed over the face to hydrate skin. After the clay mask, a collagen powder mask is applied over the face, lips and neck."

**The unique treatment:** "The collagen mask turns jelly-like as the beautician performs a relaxing facial massage – quite a surreal experience to feel her kneading your skin through the cooling jelly mask, but it's extremely comfortable!"

**My verdict:** "As this facial is customised to fit your skin type, it worked great for my dry-combination skin. The clay mask left my T-zone shine-free for the rest of the day, and the collagen mask was really hydrating. However, the facial left my skin a little oily!"