

herworld

So Real, So Chic!

SEPT 2010 RM7
www.herworld.com.my

50 YEARS
CELEBRATING
WOMEN

DOUBLE
THE FUN IN
FITNESS
LOSE WEIGHT
WITH A BUDDY

LATEST!
Sizzling
fashion &
beauty
ideas

COVER STORY
JUDIMAR
HERNANDEZ
"You can't run away
from destiny."

Turn your
life around
256 ways to a better YOU

"Stop
looking at
my chest!"

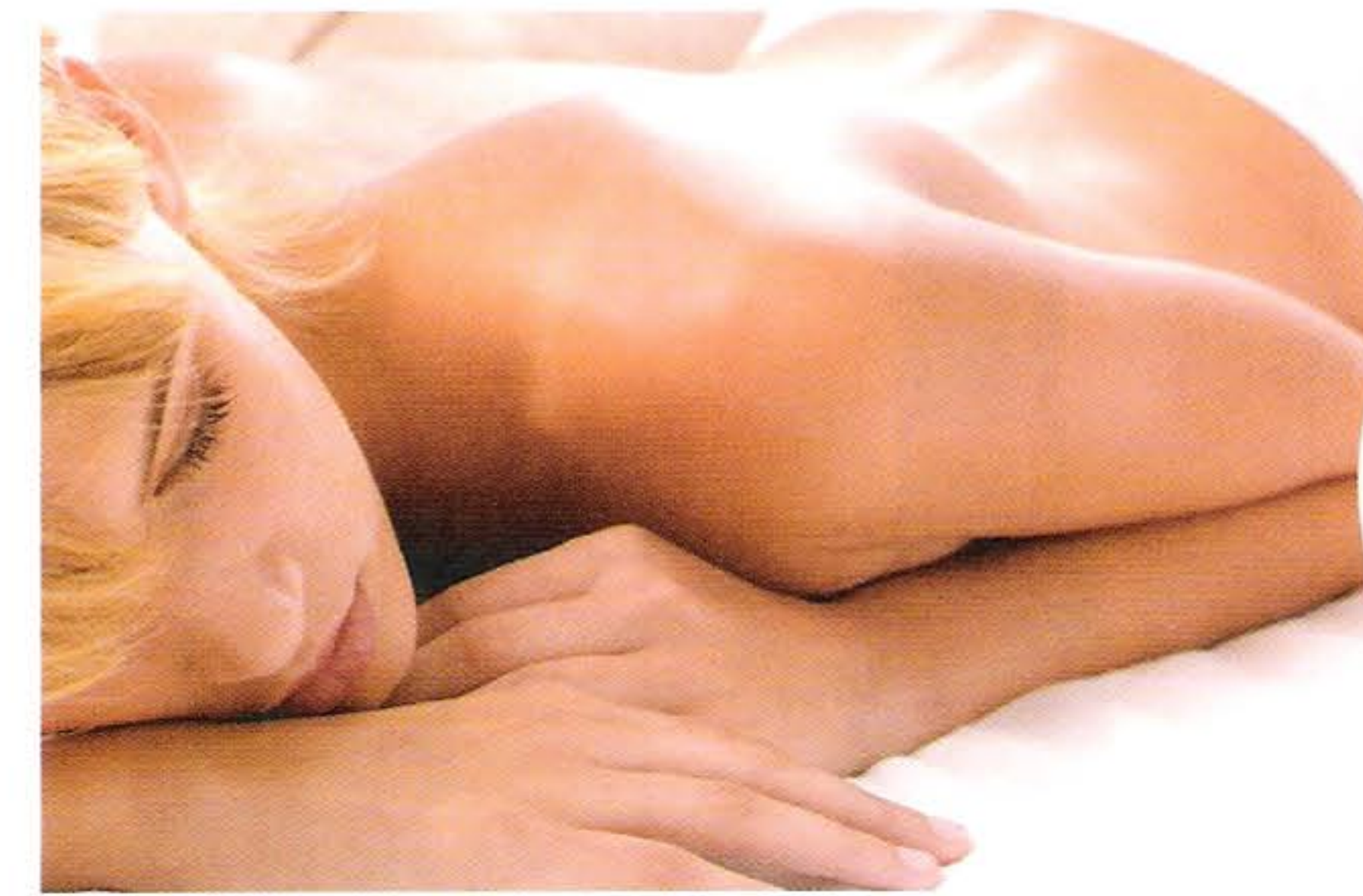
Why bigger may
not be better...

SECOND
CHANCES
STORIES
ON FINDING
LOVE AGAIN

Her Look Skin Solutions

Body beautiful

Don't wait until your skin sends out an SOS call to start taking care of it. These products keep skin silky smooth and supple.



If you're into fresh florals, **L'OCCITANE Peony Beauty Milk**, RM107, is for you. Feather-light yet intensely moisturising, it comes enriched with grape seed oil and shea butter for extra comfort.

Tone while you moisturise with **Dior Svelte Body Hydrating and Firming Creme**, RM160. Its star ingredient, Viniferine, is said to be 100 times more effective than caffeine.

Pom Poms African Royale

Unrefined Shea Butter

smooths cracked elbows and heels without leaving a greasy film. You can even use it on your hair ends to prevent split ends!



Get ready to paint the town gold with this orange and jasmine body lotion. Dab on shoulder blades and décolleté to look like a bronze goddess. **Paul & Joe Shimmering Body Lotion**, price unavailable.

Massage **Kniepp Almond Blossom Body Oil**, RM67, into skin after a shower to lock in moisture. Knead firmly to stimulate blood circulation while you breathe in the scent made from essential oils.



Get some designer lovin' with **Anna Sui Summer Holiday Body Care Kit**, RM108, comprising a shampoo, body scrub, body lotion and cute loofah. Great for a luxe travel experience!



BATH ACCESSORIES

Moisturisers are most effective when applied on well-prepped skin. Scrub away the day's dirt and grime with:

- Exfoliating gloves – they have a slightly rough surface which is great for rubbing away dead skin on elbows, knees and heels.
- A natural sponge loofah – the texture is rougher than conventional man-made sponges. Get one with a long handle to cover those hard-to-reach areas like your back.

Note to remember: always wait for your bath accessories to dry completely before storing them. If possible, don't leave them inside the bathroom. Mould tends to grow due to the moisture trapped inside, which is pretty gross when you think of it.



TEXT: MICHELLE TAN, MAIN PHOTO: CORBIS

